

139th Annual Athletics Meet 2023
La Martiniere College, Lucknow
Athletics Prize List

Ayush Singh	First	110 m High Hurdles- Senior Division
Warren Myers	Second	
Asher	Third	
Syed Abdur	First	110 m Low Hurdles- Junior Division
Yashashwi Bandhu Pandey	Second	
Krissh Srivastava	Third	
Abhijeet Soni	First	100 m Flat Race- Colts Division
Utsav Kumar	Second	
Mohd Ali	Third	
Syed Abdur	First	100 m Flat Race- Junior Division
Ayan Anwar	Second	
Kartik Agarwal	Third	
Lionel Mckenzie (Dr Inderjit Pawha Memorial Medal for to be awarded)	First	100 m Flat Race- Senior Division
Asher	Second	
Ishan Tripathi	Third	
Abhijeet Soni	First	60 m Flat Race- Colts Division
Utsav Kumar	Second	
Mohd Ali	Third	
Syed Abdur	First	200 m Flat Race- Junior Division
Ayan Anwar	Second	
Kartik Agarwal	Third	
<u>COLTS DIVISION</u>		
Shaarav Pandey	Third	Long Jump
Dev Vardhan Singh Yadav	Second	High Jump
Luv	Second	Long Jump
Abhijeet Soni	Third	Triple Jump
	First	200m Flat Race
Mohd Ali	Third	High Jump, 200m Flat Race
	First	Triple Jump
Utsav Kumar	Second	Triple Jump, 200m Flat Race
	First	High Jump, Long Jump
THE MRS BLANCHE CUMMINGS CHALLENGE CUP AND THE STAFF MEDAL FOR THE COLTS CHAMPION, 2023-2024:	Utsav Kumar	
<u>JUNIOR DIVISION</u>		
Ronaldo Andre Vincent	Third	400m Flat Race
Dev Adhikari	Third	Pole Vault
Aditya Saurabh	Third	Triple Jump

Syed Abdur	Third	Long Jump
Vijay	Second	Pole Vault
Kartik Agarwal	Second	400m Flat Race, Triple Jump
Dhairya Jaiswal	First	400m Flat Race
Suraj	First	High Jump
Pash Dutta Bhushal	Third	High Jump
	Second	Long Jump
	First	Pole Vault
Yashaswi Bandhu Pandey	Second	High Jump
	First	Long Jump & Triple Jump
Yashasvi Bandhu Pandey		THE MRS MCAULIFFE CHALLENGE CUP AND THE MEDAL FOR THE JUNIOR CHAMPION, 2023-2024 :
SENIOR DIVISION		
Shaun Dessa Anthony	Third	1500m Flat Race
Kenneth Evans	Third	Pole Vault
Ayush Singh Yadav	Third	Throwing the Javelin
Krishna Jaiswal	Second	Putting the Shot
Valentino Francis	Second	800m Flat Race
Fawaz Ansari	Second	High Jump
Arbaz Haneef Sheikh	Third	200m Low Hurdles
	Second	1500m Flat Race
Warren Myers	Second	High Jump, 200m Low Hurdles
Zain Shahid	First	Throwing the Discus
Steven Peter D'Sena	Third	200m Flat Race
	First	1500m Flat Race
Arya Yashaswijeet	Third	Triple Jump, Long Jump
	First	Putting the Shot
Harsh Bikram Shah	Third	800m Flat Race
	Second	400m Flat Race
	First	Pole Vault
Lionel Mackenzie	First	200m Flat Race, 400m Flat Race
Ishan Tripathi	Second	Triple Jump, Long Jump
	First	200m Low Hurdles

Ayush Singh	Third	400m Flat Race
	Second	Throwing the Discus
	First	800m Flat Race, High Jump & Throwing the Javelin
Asher	Third	Throwing the Discus, Putting the Shot
	Second	200m Flat Race, Pole Vault & Throwing the Javelin
	First	Triple Jump, Long Jump
Abdul Kabir	First	2000 m Cycle Race (Juniors):
Amartya Ranjan	Second	
Abdul Muiz	Third	
Raafey Mohd Sayed	First	5000 m Cycle Race (Seniors)
Hasnain Agha	Second	
Ankit Kumar	Third	
Utsav Kumar		<u>Colts 4 x 50 m Relay Race</u>
Jayden P. McGrath		
Teekham		
Abhijeet Soni		
Utsav Kumar	won by - Lyons House	<u>Colts 4 x100 m Relay Race</u>
Jayden P. McGrath		
Teekham		
Abhijeet Soni		
Kartik Agarwal	won by - Lyons House	<u>Juniors 4 x 100 m Relay Race</u>
Abdul Kabir		
Suraj		
Abdur		
Asher	won by - Martin House	Seniors 4 x 100 m Relay race
Valentino Jude Francis		
Harsh Bikram Shah		
Lionel Mckenzie		
Tayba Khatoon	won by - Martin House	Mixed Relay
Sameeha Yousuf		
Lionel Mckenzie		
Asher		
Asher	won by Present Team	Past vs Present Relay
Lionel Mckenzie		
Ayush Singh		
Himanshu Jaiswal		
Ronaldo Vincent	First	Hodson's Run-JUNIORS
Yash Chandra	Second	
Yashaswi Bandu Pandey	Third	
Aditya Sharma	Fourth	
Misbah Khan	Fifth	
Utkarsh Gupta	First	Hodson's Run-SENIORS

Hasnain Agha	Second	
Harsh Bikram Shah	Third	
Fawaaz Ansari	Fourth	
Daulat Ram	Fifth	
Moqueet ur Rehman(Alumnus)	First	Hodson's Run-Old Martinians
Pankaj Gupta(Alumnus)	Second	
Dr Sumeet Srivastava(Alumnus)	Third	
Kenneth Evans		Best Gymnast (Apparatus Work)
Kenneth Evans		Best Gymnast (RopeWork)
Ebaad Raza		Best Gymnast (Mat Work)
Rudransh Gupta		Most Promising Gymnast
Zimran Ullah Khan		Best All Round Gymnast and the H.T.Singh Memorial Shield
Hodson House Squad 1		Best Marching Contingent
Kushal Chopra	(Drum Major)	Band Certificates (Bagpipes)
Ranveer Arora	(Drum Major)	Band Certificates (Brass Band)
Zimran Ullah Khan	(Captain)	Gymnastics Certificates
Not Awarded this year		Best P.T.Display
<u>The Results for the House Trophies are as follows:</u>		
Hodson's Run Championship Trophy (Seniors):		Lyons House
Lucknow Brigade Run Championship Trophy (Juniors):		Cornwallis House
The Bhola Nath Sita Ram Cup for the Colts Athletics Champion:		Cornwallis & Martin
The Sir William Marris Cup for the Junior Athletics Champion:		Lyons
The Sir Samuel O'Donnell Cup for the Senior Athletics Champion:		Martin
The Central Command Trophy for the Overall Athletics Champion:		Martin
THE RAJA OF MAHMUDABAD CHALLENGE CUP AND THE PRINCIPAL'S MEDAL FOR THE SENIOR ATHLETICS CHAMPION 2023-2024 :		Asher