



JUNIOR SCHOOL CAMPUS – YOGA SESSIONS

In order to introduce Yoga into the regular timetable, Yoga sessions shall be introduced from tomorrow, i.e. 16 July, 2022 in the Junior School Campus.

Pupils of Classes 1 and 2 shall be trained in the first Yoga session, commencing after Assembly.

Pupils of Classes 3, 4 & 5 shall be trained in the second Yoga session, in the second and third periods.

All pupils must bring their Yoga mats with them. Pupils shall wear their College sports kit for this.

(C. A. McFarland)
Principal

Notice No: 72

Date: Friday, 15 July 2022